



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina, Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

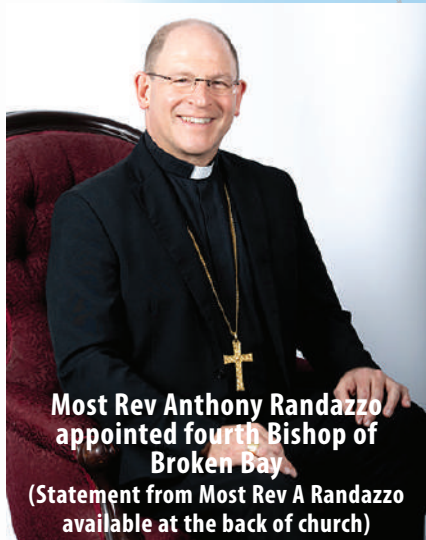
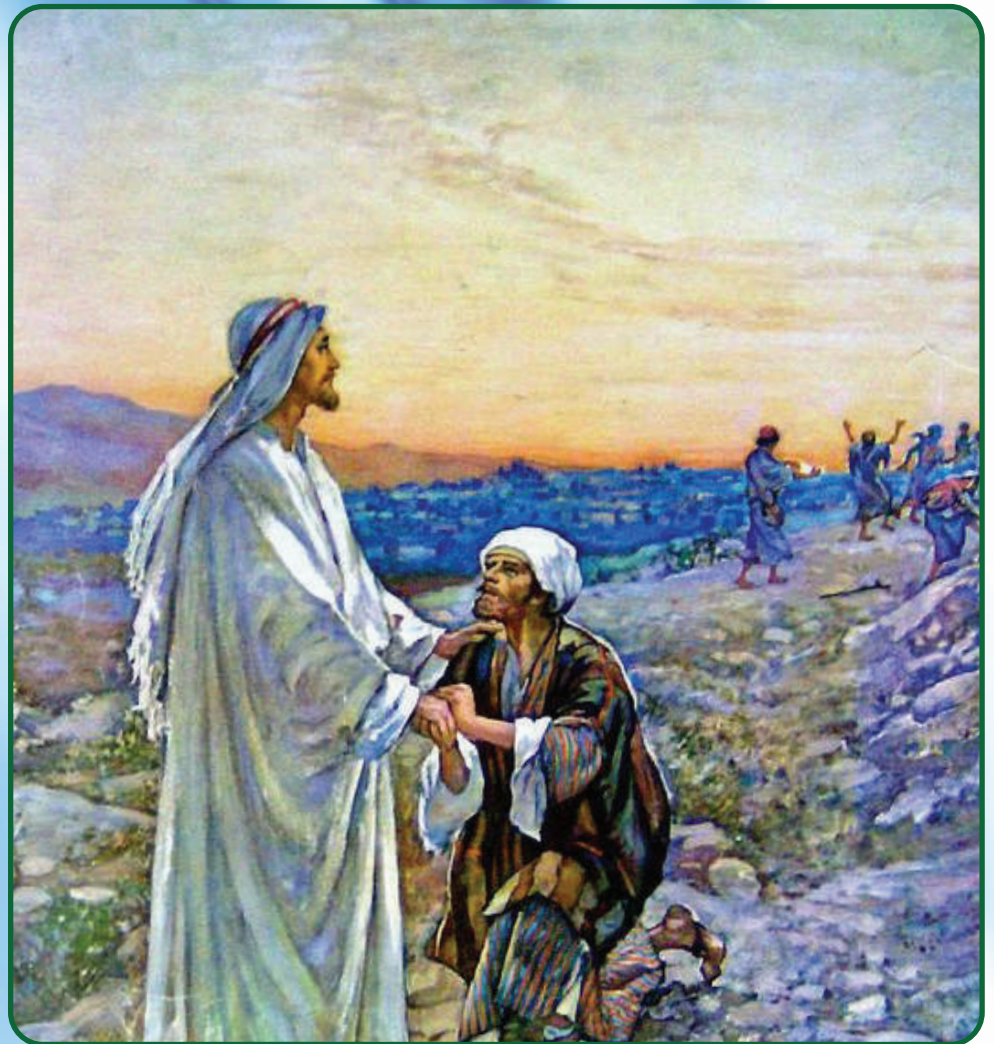
Dearest Father,

I humbly thank You
for this new day.
I thank You for being able
to see and to hear this day.
I am blessed because You are
a loving, forgiving and an
understanding God.

You have done so much
for me and You keep on
blessing me.
Forgive me this day for
I have sinned. I ask now for
Your forgiveness.

Keep me safe from all danger
and harm. Let me start this
day with a new attitude and
plenty of gratitude.

Amen.



**Most Rev Anthony Randazzo
appointed fourth Bishop of
Broken Bay**

(Statement from Most Rev A Randazzo
available at the back of church)



Thoughts of Fr Francis Jordan

Consider Mary. She said little. But through her example, her humility, modesty etc... she accomplished much. Imitate her so that you also accomplish quite a lot through good example.

Pope Francis' Prayer Intentions for October

Holy Spirit

That the breath of the Holy Spirit engender a new missionary "spring" in the Church.



A warm welcome to our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church, Mona Vale and Maria Regina Church, Avalon



Vinnies

Vinnies Social Housing Petition

Dear Parishioners,
The Society is seeking your support for its campaign for the NSW Government to increase the supply of social housing by at least 5,000 homes every year for the next ten years.

Across NSW, thousands of people are without a place to call home and many more are living in chronic housing stress. Social housing should be a safety net that supports people experiencing homelessness and housing stress but there isn't nearly enough to meet community needs. More than 53,000 applicants are on the waiting list right now and the waiting time exceeds 10 years in some parts of the state. In response, the St Vincent de Paul Society has launched the Build Homes, Build Hope advocacy campaign to call on the NSW Government to build more social housing.

Would you please support our campaign by signing our petition at the back of the church. The state wide petition will be tabled in the NSW Parliament to build more social housing. Thank you.

Vinnies changes lives everyday.

Show your support and give to our annual appeal

For the needy, help is available by contacting the Brookvale Centre 9905 0424 during business hours.

LIBRARY

The books which are reviewed here each week are from our Parish Library situated at Maria Regina Church, Avalon. The Library is opened at Maria Regina Church, Avalon before and after the weekend Masses, Saturday 6 pm and Sunday 9 am, and on week day Masses, except Tuesdays, at 9.15 am. You can browse our full collection of books and DVDs on the Parish website. Go to Resources > Library > Our books
If these hours don't suit you and you would like to borrow or have an inquiry you may phone me on 99183973 (Home) 0401613643 (mobile).

Trish Newman

We Pray for

Deceased Anniversary

**Sonny Alejandro
Totoy Enriquez
Francisco Santa Ana
Justino Ortiz
Greer Henkel**

**Eternal Rest Grant Unto Them
O Lord, And Let Perpetual Light
Shine Upon Them.**

**May they Rest in Peace. Amen.
May Their Souls And The Souls
Of The Faithful Departed,
Through The Mercy Of God,
Rest In Peace. Amen.**

If you would like the names of your relatives or friends and offerings included, please drop the envelope in to the Parish Office by Midday on Wednesdays. Thank You.

Recently Deceased

Katrina Quinn

Did you know that if you are new to our parish you can register your details through our website or if your contact details have changed you can update them. Simply go to www.pittwaterparish.org, click on the "Welcome" menu item and select "Parishioner Registration" from the dropdown menu. If you have any problems, please contact the parish office on 9157 0999.

THURSDAY MORNING SPIRITUALITY GROUP

We started a new book called 'JESUS a pilgrimage' by James Martin, SJ. It is a New York Times Bestseller, described as 'wise and entertaining.' It is a spiritual pilgrimage you do not want to end.

Morning tea at 10 am. Sharing from 10.30 am - 12 noon.

ALL ARE WELCOME.

Contact Trish Newman ocds on 99183973 or Mb. 0401613643.

Prayers for the Sick

Paulina Fabian
Milka Marov
Carol Brennan
Rufina Criss
Tayla Riddle
Warwick Carpenter
Elizabeth Davis
Mary Seymour
Neave Mackey
Kevin Begaud
Rachel Weldrick
Antoinetta Knapp
Donald McRae
Stefanie Romeo
Sasha White
Ann Harvey
Jo Wild
Rita Farrelly
Lina
Jeff Guerra
Sue Poulton
Craig Callahan
Daryl Holland
Veronica Ann Gracie
Kerrie Gill
Peter Hector
Jack Burai
Manpreet Kaur
Vera Bateman
Marion Russell
Marian Santa Ana
Rosalinda Singson
Rodney Young
Daryl Kaufer
Marjan Seifoor
Rosa Lealaialoto
Anne Rees
Bassam Khodr
Margaret Baker
Estera Cimino
Mark Kelsey
Marea Trevasakis
Sean Martin
Carol Duffy
Greg Kolts
John Gordan
Gaetan Delerue
Ikhlas Khoshaba
Rosie Rajak
Luke Horton
Josephina Caruso
Philip Lambert
Robyn Sheather
Terry Ysip
Mary-Kate Dennis
Adriana Pavlinca
Marie Hill
Melanie MacFarlane
Rhonda Grant
Trina Hughes
Christina Leite Marques
Leone Hancock
Valda Morgan
Rafaela Xavier
Ross Perkins
Brian Gregan
Fiona Durazza
Tessa Mills
Christine Hills
Matthew Frize
Mari Mesina
Giovanni Returra
Bill Eyre
Manny Zarb
Philip Maddrel
Gail Reiher
Imelda Vince
Sandra Pypier
Barbara Jacobson
Eric Domagas

This list will be updated every month and we would appreciate it if we are advised, if further reconsideration is required. Thank you



Disabled Parking Area

There are 2 Disabled Parking Spaces available on the Church grounds. Please observe the signs and refrain from parking in the Disabled Parking Area or in the driveway, especially during the weekends when Mass is on, and reserve this for our parishioners who are in need of the space. Thank you

Anointing Mass

At Nursing Homes And Retirement Villages

MINKARA NURSING HOME

Tuesday 15th October at 10.30am
Anointing Mass

SEABEACH GARDENS NURSING HOME

Tuesday 15th October at 11.30am
Anointing & Communion

BAYVIEW GARDEN NURSING HOME

Tuesday 15th October at 1.30pm
Anointing Mass

AVALON HOUSE NURSING HOME

Wednesday 23rd October at 10.45am
Anointing & Communion

MARCUS LOANE NURSING HOME

Wednesday 23rd October at 2.00pm
Anointing Mass



Our parish playgroup will re-commence on Monday 21 October between 9.30am and 11.30am in the Parish Centre.

All children between 0-6 years are most welcome. No need to Register. Break the daily routine and treat the children and yourself to some social interaction, make new friends and have some fun.

For more information: Maureen Wooldridge 0421 907 469 or Marie Bockman mbockman@hotmail.com



BOOK REVIEW

A Method of Contemplative Prayer by James Borst

When we immerse ourselves in prayer we are at one with God.

Our daily lives are busy but this book suggests many ways in which we can make our prayers contemplative and be with the Spirit.



MASS TIMES**SACRED HEART CHURCH**
1 Keenan Street, Mona Vale

Weekday Masses
9.15am Tuesday,
Wednesday, Thursday,
Friday
(except 1st Friday
of the month)

Weekend Masses
5.00pm
Saturday Vigil
8.00am - 10.00am •
4.00pm Croatian
(1st & 3rd Sunday)
6.00pm (SOUL)
Sunday

Reconciliation
4.00pm to 4.30pm Saturday

Baptism
4th Sunday - 11.30am

**Reconciliation, Exposition
Adoration & Benediction**
10.00am

First Friday of the month
(no 9.15am weekday mass)

Anointing of the Sick
11.00am
First Friday of the month
(no 9.15am weekday mass)

MARIA REGINA CHURCH
7 Central Road, Avalon

Weekday Masses
9.15am Monday,
Wednesday,
Thursday, Friday

Weekend Masses
6.00pm Saturday Vigil
9.00am Sunday

Reconciliation
Before Vigil Mass on Saturday

Baptism
3rd Sunday - 11.00am

**Reconciliation, Exposition
Adoration & Benediction**
8.00am

First Thursday of the month
followed by 9.15am mass)

Anointing of the Sick
9.15am
First Friday in January,
March, May, July, September
and November

**Pittwater Parish
Youth Group
Years 5-8**

No youth group during
school holidays.
See you on Friday
18 October 7.30pm in
term four.

SOUL

**PASTORAL CARE SEMINAR DAY**

Thursday 24th October 2019
9:00 am – 3:00 pm

To celebrate **Pastoral Care Week 2019**, CatholicCare's Hospital Chaplaincy and Pastoral Care Team invite you to our **Pastoral Care Seminar Day**. This will be a day of enrichment and fellowship for all those people in the Diocese of Broken Bay who are involved in a ministry to care for the sick.

All are very welcome to attend, including: Priests, Deacons, Religious, Pastoral Care Practitioners, Extraordinary Ministers of Holy Communion, Pastoral Visitors and Social Workers.

Morning tea and lunch will be provided.

Our special guest presenter will be:
Phil Shirvington

Venue:
Caroline Chisholm Centre
Building 2, Level 8
423 Pennant Hills Rd
Pennant Hills
(Car park entry via City View Rd or
a 10 minute walk from Pennant Hills Station)

For enquiries please contact:
Peter Brown
Coordinator Hospital Chaplaincy and Pastoral Care
Mobile: 0418 616 602

**To register your attendance please send an email by
Thursday 17th October to:**
peter.brown@catholiccareddb.org.au
(please also note any special dietary requirements)

Playing outside is natural for most children. Maintaining a safe outdoor environment is key to keeping children healthy. Child injuries do occur, and while on the Church premises, we ask that the parents be aware, supervise and are responsible to keep their child safe.



**NEW
HOURS**

Parish Office Hours
Monday to Thursday
9am to 4pm
Friday
9am to 12 noon

CatholicCare
Diocese of Broken Bay

**Hospital Chaplaincy and
Pastoral Care Team**

CatholicCare Diocese of Broken Bay provides lay Pastoral Care Practitioners to seven hospitals within the Diocese;

**Northern Beaches and
Mona Vale Hospitals:**
Denis O'Brien - 0439009932

Denis alongside our Priests and Parish Volunteer Extraordinary Ministers of Holy Communion, provide pastoral care to Catholic patients, families and staff. If you or a loved one are ever admitted into hospital, let Admissions staff know that you are a Catholic. If you would like Catholic pastoral care for yourself or your loved one whilst in hospitals you can call the number above directly, or your Parish Office, or ask any hospital staff to contact a Priest or Catholic Pastoral Care Practitioner, or arrange to receive Holy Communion.



A Letter to the People of Broken Bay

Tuesday 8 October 2019

My dear brothers and sisters,

To our great joy, our waiting is over! The Holy Father, Pope Francis has appointed us a new Shepherd to guide us into the future. How extraordinary, too, that this would occur on 7 October - the patronal feastday of our Cathedral, Our Lady of the Rosary.

With open arms and hearts, we welcome Bishop Anthony Randazzo to our diocesan family! I am confident that you will receive him enthusiastically and warmly. We are enormously blessed by his appointment. Bishop Anthony is young and energetic. In fact, on the day of his appointment he turned just 53. Yet, he brings remarkable experience of leadership already from his pastoral experience in the Archdiocese of Brisbane, his studies in Canon Law, his service in Rome at the Congregation for the Doctrine of the Faith, his time as a Seminary Rector in Queensland, and more recently his term as an Auxiliary Bishop in Sydney during which he has enjoyed significant involvement in youth, education and clergy. I have known him personally for many years and have enjoyed his very personable, engaging and humorous personality on many occasions, most recently during the Ad Limina pilgrimage in Rome. On behalf of our Diocese, I express our profound gratitude to Pope Francis for gifting us with a leader of such calibre and stature. We can be confident in the future that opens before us.

For my part, I will serve our new Bishop to the very best of my ability. As Bishop Anthony assumes the complex task of leadership, he knows he has my complete support and friendship and I look forward to working with him in continued service to our Diocese.

At the end of my term as Administrator of our Diocese, I wish to express my heartfelt gratitude to you. To serve in this role for you over the last 15 months has been, unmistakably, the greatest privilege of my life. I want to thank you for the trust and the confidence that you have placed in me, for your affection, and for the many, many ways you have encouraged me. On your behalf, I thank especially our clergy and our Diocesan staff, all of whom have been indefatigable in their support which has enabled me to provide our wonderful new Bishop with good account of our Diocese. I also want to record my deepest appreciation to my beloved Parish Family of Holy Name Wairoonga who have been so patient with my absence over this time. I thank, especially, Fr Anselam Lakra HGN and our Parish Secretary, Jackie Thornton for their generous commitment to the Parish over this time which has been a gift to the whole Diocese.

It has been a remarkable time as, together, we have faced the various challenges that have presented, seeking always the opportunities given us by the Spirit of God. I have learnt so much over these months and what I have learnt has only made me love the people and priests of our Diocese so much more. I am privileged to be a member of our local Church of Broken Bay. And with this love, I commit myself to you in new ways, now through my dedication to our new Bishop.

With my immense gratitude and affection, and with renewed hope in Christ Jesus,

Very Rev Dr David Ranson
Diocesan Administrator

Very Rev Dr David Ranson
Diocesan Administrator

One simple fact to prove the power of the Rosary

The rosary may be the most beloved devotion of the Catholic faith. It is quintessentially Catholic and the beads upon which the prayers are tracked are themselves a symbol of the Church. A Bible, a rosary, the medal of a saint, these are the material hallmarks of a Catholic. Combined with faith, prayer and action, the rosary lies at the heart of who we are.

The rosary is more than a devotion to our lady. The beads and chain of the rosary itself are often a reflection of our character and our hope. Catholics are buried with rosaries, wound carefully about folded hands. There is no greater symbol than this of the primacy the rosary has in the canon of Catholic devotion.



As Catholics, we know - we do not merely believe, we know - that the rosary is the most powerful recitation we can make when we desire a miracle or some other grace from God. By reflecting on Our Most Holy Mother's experiences and the life of Jesus, we become more like the woman who bore all things for the sake of obedience to God's will.

Holy Mary, Mother of God knew the loss of her only child at the hands of unjust executioners. She witnessed the sick and the dying, and she asked Jesus to perform miracles, which He obliged His mother. We know that Mary retains this respect, so by asking for her intercession with Jesus, we too can change in accord with God's will.

Sister Lucia of Fatima told us that "There is no problem, I tell you, no matter how difficult it is, that we cannot solve by the prayer of the Holy Rosary. With the Holy Rosary we will save ourselves. We will sanctify ourselves. We will console Our Lord and obtain the salvation of many souls." Let us know and believe this is true.

What harm has the rosary ever done? None at all. Yet how many graces have we witnessed as a result of its recitation? Can we complete the list?

This simple fact alone is proof of the Truth and Power of the Most Holy Rosary. Let's pray together, remembering the promises of Our Lady to those who faithfully recite her devotion.

1. Whoever shall faithfully serve me by the recitation of the rosary, shall receive signal graces.
2. I promise my special protection and the greatest graces to all those who shall recite the rosary.

3. The rosary shall be a powerful armour against hell, it will destroy vice, decrease sin, and defeat heresies.
4. It will cause virtue and good works to flourish; it will obtain for souls the abundant mercy of God; it will withdraw the heart of men from the love of the world and its vanities, and will lift them to the desire of eternal things. Oh, that souls would sanctify themselves by this means.
5. The soul which recommends itself to me by the recitation of the rosary shall not perish.
6. Whoever shall recite the rosary devoutly, applying himself to the consideration of its sacred mysteries, shall never be conquered by misfortune. God will not chastise him in His justice, he shall not perish by an unprovided death; if he be just he shall remain in the grace of God, and become worthy of eternal life.
7. Whoever shall have a true devotion for the rosary shall not die without the sacraments of the Church.
8. Those who are faithful to recite the rosary shall have, during their life and at their death, the light of God and the plenitude of His graces; at the moment of death they shall participate in the merits of the saints in paradise.
9. I shall deliver from purgatory those who have been devoted to the rosary.
10. The faithful children of the rosary shall merit a high degree of glory in heaven.
11. You shall obtain all you ask of me by the recitation of the rosary.
12. All those who propagate the holy rosary shall be aided by me in their necessities.
13. I have obtained from my Divine Son that all the advocates of the rosary shall have for intercessors the entire celestial court during their life and at the hour of death.
14. All who recite the rosary are my sons, and brothers of my only son Jesus Christ.
15. Devotion of my rosary is a great sign of predestination.

Get your rosary now, it's time to rededicate ourselves to Our Lady!

Do not be ashamed to recite the Rosary alone, while you walk along the streets to school, to the university, to work, or as you commute by public transport.

St John Paul II

If you would like the names of your deceased friends, relatives or loved ones published in our **"Book of Remembrance"** please fill the **"November Mass Offering"** envelopes and drop it in to the Parish Office or on the plate before Wednesday 12 noon, each week. Together with the Book of Remembrance is the **"Wall of Remembrance"**. If you have a small photograph of your deceased family member, relative or friends, feel free to add it to the Wall of Remembrance.

Dates for your Diary

Friday
1

ALL SAINTS DAY
Friday 1 November
Sacred Heart Church,
Mona Vale
10am - Adoration,
Reconciliation,
Benediction and
11am - Anointing Mass
7.30pm - Mass
Maria Regina Church,
Avalon.
9.15am - Mass

Saturday
2

Commemoration of All the Faithful Departed (ALL SOULS DAY)
Saturday 2 November
Mass at 10am
Mona Vale Cemetery,
followed by prayers and blessing of graves.

OCTOBER
Month of the Holy Rosary of the Blessed Virgin Mary

If you are experiencing Domestic Violence.

Ring 1800 RESPECT
1800 737 732

The *Living* Word

First Reading 2 Kgs 5:14-17
A reading from the second book of the Kings

Naaman returned to Elisha, the prophet, and acknowledged the Lord.

Naaman the leper went down and immersed himself seven times in the Jordan, as Elisha had told him to do. And his flesh became clean once more like the flesh of a little child.

Returning to Elisha with his whole escort, he went in and stood before him. 'Now I know' he said, 'that there is no God in all the earth except in Israel. Now, please, accept a present from your servant.' But Elisha replied, 'As the Lord lives, whom I serve, I will accept nothing.' Naaman pressed him to accept, but he refused. Then Naaman said, 'Since your answer is "No," allow your servant to be given as much earth as two mules may carry, because your servant will no longer offer holocaust or sacrifice to any god except the Lord.'

The word of the Lord

Responsorial Psalm Ps 97:1-4. R. see v.2

(R.) The Lord has revealed to the nations his saving power.

Sing a new song to the Lord for he has worked wonders. His right hand and his holy arm have brought salvation. **(R)**

The Lord has made known his salvation; has shown his justice to the nations. He has remembered his truth and love for the house of Israel. **(R)**

All the ends of the earth have seen the salvation of our God. Shout to the Lord all the earth, ring out your joy. **(R)**

Second Reading 2 Tm 2:8-13
A reading from the second letter of St Paul to Timothy

If we hold firm, we shall reign with Christ.

Remember the Good News that I carry. 'Jesus Christ risen from the dead, sprung from the race of David'; it is on account of this that I have my own hardships to bear, even to being chained like a criminal – but they cannot chain up God's news. So I bear it all for the sake of those who are chosen, so that in the end they may have the salvation that is in Christ Jesus and the eternal glory that comes with it.

Here is a saying that you can rely on:
 If we have died with him, then we shall live with him.
 If we hold firm, then we shall reign with him.
 If we disown him, then he will disown us.
 We may be unfaithful, but he is always faithful,
 for he cannot disown his own self.

The word of the Lord

Gospel Acclamation 1 Thes 5:18

Alleluia, alleluia!
 For all things give thanks to God, because this is what he expects of you in Christ Jesus.
 Alleluia!

Gospel Lk 17:11-19
A reading from the holy Gospel according to Luke

It seems that no one has returned to give thanks to God except this foreigner.

On the way to Jerusalem Jesus travelled along the border between Samaria and Galilee. As he entered one of the villages, ten lepers came to meet him. They stood some way off and called to him, 'Jesus! Master! Take pity on us.' When he saw them he said, 'Go and show yourselves to the priests.' Now as they were going away they were cleansed. Finding himself cured, one of them turned back praising God at the top of his voice and threw himself at the feet of Jesus and thanked him. The man was a Samaritan. This made Jesus say, 'Were not all ten made clean? The other nine, where are they? It seems that no one has come back to give praise to God, except this foreigner.' And he said to the man, 'Stand up and go on your way. Your faith has saved you.'

The Gospel of the Lord

Reflection

by Diane Bergant CSA

The leprosy of Naaman and the ten men in the gospel serves as a metaphor for sinfulness, the condition that makes us unfit for the presence of God and despicable in the eyes of others. Separated from God and alienated from society, we are truly in a deplorable state, a state out of which we are unable to extricate ourselves. Into these seemingly hopeless conditions step the prophet Elisha and Jesus. Each in his own way brings the healing power of God, the saving grace of God. Paul is such a mediator as well. He brings the gospel to those who are in need of salvation. When people are open to his preaching, they are transformed and made ready to receive eternal glory. After healing come gratitude and praise. Both Naaman and the lone Samaritan are so filled with gratitude that they return to the one responsible for their healing. They are not so preoccupied with their good fortune as to forget that it came to them as a gift. Their response is the kind of thanks and praise that is proclaimed in the psalm and that is also celebrated at each Sunday Eucharist. We have been saved from our alienation from God and from each other so let us give thanks to the Lord. Those who know that they have been healed, who realize that this was a gift freely given to them, and who return to give thanks have, by these acts of devotion, stepped over a threshold into a new way of living. Their thanks and

praise usher them into a new age, the age of eschatological promise.

© Dianne Bergant CSA



Appointment as Parish Priest of The Catholic Parish of Pittwater

Fr Bronislaw Pietruszewicz SDS was Parish Administrator since January 2019, and has been appointed as Parish Priest of Pittwater effective 6 August 2019. Please keep Fr Bronek in your prayers, that he will continue to bring his many gifts to the parish as his capacity as Parish Priest.



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Liturgy for the Week

14/10 **Monday Ordinary Time 28**
Rom 1:1-7; Lk 11:29-32

15/10 **Tuesday St Theresa of Jesus,**
virgin, doctor
Rom 1:16-25; Lk 11:37-41

16/10 **Wednesday Ordinary Time 28**
Rom 2:1-11; Lk 11:42-46

17/10 **Thursday St Ignatius of Antioch**
bishop, martyr
Rom 3:21-30; Lk 11:47-54

18/10 **Friday St Luke, evangelist**
2 Tim 4:10-17; Lk 10:1-9

19/10 **Saturday Ordinary Time 28**
Rom 4:13, 16-18; Lk 12:8-12

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facebook**

**The Catholic Parish
of Pittwater**



Every Girl. Everywhere. Period.

On the first Sunday of every month from 1-4pm Days for Girls meet in Maria Regina Church Hall. Volunteer sewers or cutters are welcome. Come along and find out more about it! Enable girls to attend school by providing washable hygiene kits. Call Tamara to find out more. 0403226699

A young married Burundi couple in our parish is looking for temporary accomodation.



If you are able to assist in any way, please call the parish office on 9157 0999 .

Thank you

**Advertising
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available.**

**Enquiries
welcome.**

**Please call the
Parish Office on
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AWCF0712



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